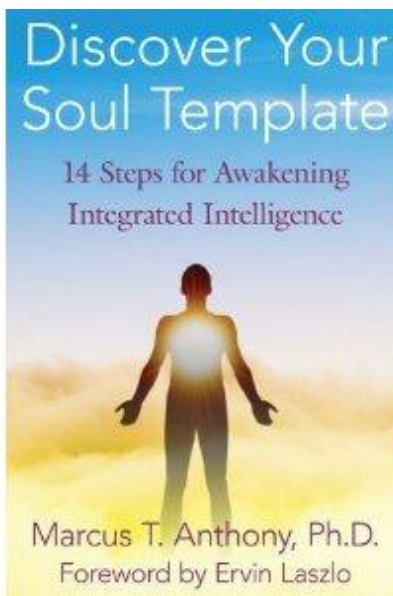


Press Kit for Marcus T. Anthony's *Discover Your Soul Template*

This press kit contains:

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1. Cover Image of *Discover Your Soul Template*



2. **Publication Details for *Discover Your Soul Template***

Title: *Discover Your Soul Template: 14 Steps for Awakening Integrated Intelligence*

Author: Marcus T. Anthony (PhD) – www.mindfutures.com

Publisher: Inner Traditions - <http://store.innertraditions.com/isbn/978-1-59477-426-3>

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8 b&w illustrations

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3. **About *Discover Your Soul Template***

Follow your excitement and live your bliss, Joseph Campbell famously stated. But how? In *Discover Your Soul Template*, Marcus T. Anthony turns unworldly philosophy into worldly practice, letting the reader know exactly how to create and live their “Bliss” He provides fourteen specific, easy-to-use tools that anybody can use. The key to finding your Bliss is trusting your Integrated Intelligence – the in-built intuitive voice that all people have, but typically ignore.

What makes this book stand out from other spiritual and New Age texts is that it is based upon Anthony’s direct experience – his twenty-year spiritual quest, and the extraordinary cognitive abilities he developed. As he worked with advanced spiritual teachers and explored his psyche through meditative and contemplative practice “something special began to happen.” He writes:

“I started to draw in the lost pieces of my soul, the light and the darkness within. In this bonding, I began to develop acute perception. Soon I was able to draw information from past, present and future, from within and without - in an instant... This is what I call Integrated Intelligence.”

Have you ever felt that you had a greater calling, but never been able to put your finger on what it is? In *Discover Your Soul Template*, Dr Marcus T. Anthony shows that you have the incredible capacity to draw upon an infinite source of knowledge and wisdom, and use it to identify and live your true calling, or what he calls your “Bliss”. This is part of your evolution as a soul, and the collective evolution of the human oversoul. In *Discover Your Soul Template* you will learn: - The fourteen INI Tools which will enable you to activate your Integrated Intelligence and live your Bliss. Subject matters clearly explained include: What your Soul Template is, and why you need it to live your Bliss. - How to find your calling by following your excitement, and how to stay on purpose once you know what it is. - How to stand in your true power as a man or woman.

- The real secret about manifestation, one the New Age won't tell you. - How spiritual seekers unconsciously sabotage their Bliss. *Discover Your Soul Template* is exciting, amusing and essential reading for anyone seeking to create the life they were meant to live.

List of Contents for *Discover Your Soul Template*

Personal Prelude: Why I wrote this book

Introduction

Part 1: Foundations of Bliss

- 1. Frontiers of Mind.** Intuition, intelligence and your future.
- 2. The Soul Template.** And what it means for your journey.
- 3. Standing in Your Power.** The strength of the Sage.
- 4 Power in Practice.** The INI Tools.
- 5. Moment to Moment.** Finding Spirit in presence.
- 6. The Real Secret.** What they won't tell you on the New Age show.
- 7. Doorways to the Soul.** Finding and loving the wounded child.

Part 2: Living Your Bliss

- 8. Answering the Call.** Finding your Dream.
- 9. Keeping the Dream Alive.** Living your Bliss, now and forever.
- 10. Inspiring.** Giving birth to the ideas that empower your journey.
- 11. Love Matters.** Creating relationships that sustain your soul.
- 12. Sage Teachings.** From wisdom to global transformation.
 - Conclusion: What next?
 - Appendix 1: The INI Tools
 - Appendix 2: Understanding Dreams and Visions
 - Recommended Reading

4. About Marcus T. Anthony PhD

“There is more to the future than flying cars and a faster internet. At the heart of the future lies the soul of humanity.” So writes Dr. Marcus T. Anthony on the homepage of his web site www.mindfutures.com. The sentence encapsulates the thinking of one of the few futurists in the East Asia region. Futurists are people who study, analyse and deeply question the future. However, Australian-born Anthony is rather unusual in the Futures Studies field. While most

futurists focus upon economics and technological innovation, the Hong Kong based writer and philosopher extends his thinking to far more profound realms.

Beginning from the mid 1990s, Anthony began to explore visionary worlds through contemplation, deep meditation, and emotional healing. He traveled to many parts of the world, seeking the wisdom and guidance of gifted spiritual teachers. While living in New Zealand from 1996-1999, he engaged in an intensive programme of spiritual exploration with a group of committed spiritual seekers. By the time he had left New Zealand for Taiwan, he had developed an ability to perceive and understand human consciousness at an extraordinarily deep level. This included the capacity to sense the thoughts and emotional energies of others, and to communicate with spiritual realms. Subsequently, he set about formally studying the frontiers of human intelligence, enrolling in a doctoral programme at the University of the Sunshine Coast in Queensland, Australia. During his doctoral candidature, he applied his natural intuitive gifts to develop a unique method of study, Integrated Inquiry (described in *The Professor's Other Brain*, MindFutures, June 2011). Integrated inquiry combines traditional research tools with intuitive ways of knowing to locate, analyse and communicate knowledge.

In recent years Marcus has become a prolific writer. He has published *Integrated Intelligence* (Sense Publishers, 2008), *Extraordinary Mind* (MindFutures, 2011), *The Professor's Other Brain* (MindFutures, 2011) and now *Discover Your Soul Template*, scores of academic articles, and numerous internet features.

Marcus Anthony is the Director of MindFutures (www.mindfutures.com), a company specialising in books and media related to Futures Studies. Its mission is to bring greater balance to discussions, analyses and visions of the future; broadening financial and technologically-dominated discourses with a consideration for deeper philosophical, psychological, and spiritual perspectives. He is an elected member of the World Futures Studies Federation, and the Darwin Project Council - a think-tank comprising many leading futurists, academics, philosophers and scientists, including triune brain theorist Paul Maclean, psychologist Mihalyi Csikszentmihalyi, systems theorist Ervin Laszlo, and feminist philosopher Rianne Eisler.

Marcus Anthony has lived and worked in East Asia for a decade. This includes Taiwan, mainland China (Beijing and Sichuan), and five years in Hong Kong. He is a proficient speaker of Mandarin Chinese, and can amuse Hong Kongers with his essential Cantonese. He now lives in Hong Kong with his wife, Ren Yongping, who kindly assists him with his sometimes befuddled attempts to comprehend Chinese civilisation.

5. Press Photos of Marcus T. Anthony



6. Suggested Interview Questions

1. In *Discover Your Soul Template* you talk about the Soul Template. What precisely do you mean by the term “Soul Template”?
2. In *Discover Your Soul Template* you talk about about creating and living your Bliss. What precisely do you mean by the term “Bliss”?
3. In your articles and books you have written quite a lot about a new kind of intelligence, and call it “Integrated Intelligence”. What exactly is that?
4. Have you discovered *your* Bliss, and if so, can you tell us what it is, and how you did it?
5. Do you believe people have a destiny, or do we create our own lives?
6. It’s all very well to say we can live our Bliss, but how do we know what it is?
7. In *Discover Your Soul Template* you claim that people use only about three per cent of their mental ability. Other people have said this kind of thing before. How did you come up with this precise figure, and how do you know that this is true?
8. *Discover Your Soul Template* is full of rather incredible claims about extraordinary human abilities such as ESP, the ability to sense the future, and communication with spiritual realms. Can you really do these things yourself, and if so, do you honestly think you can teach others how to do them?

9. In *Discover Your Soul Template* you criticise the New Age movement for being delusional, yet you make rather extraordinary claims yourself. Aren't you being somewhat hypocritical, if not deluded yourself?
10. You have criticised the DVD and book *The Secret*, saying that its claims are not entirely true, and then gone on to talk about "the real secret". What exactly is this true secret?
11. You write about extraordinary experiences communicating with other minds, spirit guides, and even the dead. Have you ever thought that you might be crazy?
12. You call yourself a futurist? What exactly is that?

7. Possible Themes for Television/Media Discussion

This section contains suggestions only. The topics can be altered to greater or lesser degree.

The Mystery of Synchronicity

Key Questions: What is synchronicity? Is it simply pure chance? Can we control it? Is synchronicity evidence of God or higher intelligence?

Other Possible Participants:

- A Jungian psychologist
- A quantum physicist (e.g. F. David Peat)
- A statistician/skeptic (e.g. Neil de Grasse Tyson)
- A synchronicity expert (e.g. Trish and Rob MacGreggor -www.ofscarabs.blogspot.com.)

What is my calling?

Key questions: Is there destiny, or a calling? Can we really live our "Bliss"? If so, how can we know what it is? How much free will do we really have?

Other Possible Participants

- An alternative spirituality expert
- A mainstream mental health professional
- A skeptic
- A progressive theologian (e.g. Matthew Fox)

Extraordinary human abilities

Key Questions: Do human beings really have the capacity for ESP, seeing into the future, and communication with spiritual realms? What scientific evidence is there for these things? Can people learn to be psychic?

Other Possible Participants:

- A skeptic (James Randi)
- An open-minded but critical scientist (Rupert Sheldrake, Marilyn Schiltz)
- Individuals who claim to have such abilities

Are we using only 10% of our mental ability?

Key Questions: What are the limits of human intelligence? What are some examples of extraordinary human intelligence? Does mainstream science define intelligence too narrowly?

Other Possible Participants:

- A mainstream/conservative IQ theorist (e.g. Arthur Jensen)
- A progressive intelligence theorist (e.g. Howard Gardner)
- An advocate of emotional intelligence (e.g. Daniel Goleman)
- A financial intelligence expert (Robert Kiyosaki)
- A parapsychologist (e.g. Dean Radin)

Problems with New Age Thinking

Key Questions: Is the New Age a load of hocus-pocus? How can we separate the good and the bad in New Age thinking? What are benefits, and the dangers of New Age thinking?

Other Possible Participants:

- A parapsychologist (e.g. Dean Radin)
- A Christian critic of the New Age
- A cult researcher/deprogrammer,
- A skeptic (e.g. James Randi)
- An alternative medicine healer/practitioner (e.g. Carolyn Myss)

Thinking about the Future

Key Questions: What is a futurist? What do they do? What are the possible best and worst futures for humanity? What methods can we use to avoid/best ensure them? What are the different ways we can think about the future? Can the future be predicted? How are ideas and images of the future used and abused?

Other Suggested Participants:

- A techno Futurist (e.g. Michio Kaku)
- An environmental futurist (e.g James Lovelock)
- A leading trends analyst (e.g. John Naisbitt)
- A multiple perspective futurist (e.g. Richard Slaughter or Sohail Inayatullah)

8. Quotes from *Discover Your Soul Template*

“The Sage is that wiser part of us which can tap into what I call Integrated Intelligence – the infinite stream of wisdom which we all have, but all too rarely use. It is the Sage which can guide us on the journey to living our Bliss, if only we will listen.”

“You are a lot smarter than you think you are. There is an infinite stream of intelligence which moves through you, connecting you with all the knowledge and wisdom of the universe. I like to call this integrated intelligence (INI), and this book is about utilising this innate intelligence to create a more deeply meaningful and fulfilling life.”

“Wisdom is not exclusive to elderly wise men and women living in temples and wafting incense. It is available to all of us, anywhere, any time.”

“The present chaotic state of world economics and politics is calling us to shift to a higher state of being. An unbalanced focus upon money and power has built up the collective human ego, widening the gap between society and Spirit. We need to understand that expressing a soul purpose does not require an unbalanced focus upon materialism. ”

“It is very difficult to rise above the dominant beliefs and attitudes of your culture. You really need to see things from a distance. You need to see the big picture. You are part of the evolution of the consciousness of the human race, and of the universe. You must appreciate that this is a unique moment in history, and the present is just one future that has evolved from multiple possible futures.”

“As human beings, we have an innate capacity for integrated intelligence. We can access knowledge beyond the boundaries of the individual brain. We are in a constant state of data retrieval and “transmission” with people, environment, spirit realms and the cosmos itself. Throughout history, many of the wisest of people have been able to tap into infinite wisdom to create lives of deep meaning and purpose.”

“Without the nourishment of Spirit, rationality is a desert for the human soul.”

“If you choose goals which are non-aligned with your Soul Template, you will set up an internal

conflict between your ego and Spirit”

“The essence of empowerment is an unshakable belief in yourself, founded upon the conviction that your inner knowing is sound.” p. 65.

“The universe is on your side. Integrated intelligence and guidance are always at your disposal. But you have to understand that at a psychic level, humanity is often against you.”

“You can develop integrated intelligence too. The only requirement is that you want to do it badly enough, and are prepared to take the required leap of faith.”

“It is in presence that the true beauty of synchronicity can be sensed and appreciated.”

“Ego agendas are a substitute for love.”

“Some gurus may not tell you that healing is an essential part of the spiritual journey. False teachers build up your ego, say that you are special, and that you can have it all. Then they ask for the cheque.”

“Ego is part of being human, and deserves all the love that every expression of the human personality requires. Ego goes with you all the way to God.”

“The spiritual journey is a healing journey. To heal it you have to feel it. That is the price you have to pay.”

“Love your fear, love your pain. It is the running away that creates most of the suffering. Surrendering will free your soul.”

“You were not put here for a specific calling. Your task is to get to know your soul and develop a vision which fits it.”

“When you discover your Bliss and set yourself a vision, you should consider the price that you will have to pay.”

“Life becomes much less of a struggle when you listen to the heart, when you tap into your intuitive intelligence”.

“The universe is only as smart as the questions you ask it, and your openness to listen.”

“There will come a time when corporations and institutions will choose to use Integrated Intelligence in their decision making. The abilities and the tools are here already.”

“All judgment robs you of presence, and of your connection with Spirit.”

“There is no savior, no escape. There is but the reality that you are being asked by Spirit to live here and now, and assume complete responsibility for your mental energy.”

“Human relationships are the perfect testing ground for Integrated Intelligence. You might make a lot of errors, but persist with it. As when learning a new language, you feel like a moron, but a whole new world opens up before you.”

“This is a pivotal moment in human consciousness evolution. We are now at a time where we can consciously make the choice to be conscious.”

“There is a constant interplay of dark and light energy around us, like a weather map with areas of high and low density circling and influencing each other’s movements.”

Praise For *Discover Your Soul Template*

It is time for something different. It is time for change. In *Discover Your Soul Template*, Marcus T. Anthony calls you forward to embrace that difference. What is most exciting is that he shows you precisely how to do this. He shows you how to choose a life of Bliss aligned with your spirit, and the greater good of the human species... This book will appeal to those who like to see all of traditional philosophy/spirituality and progressive science given a human touch. It is highly recommended.

Dr. Ervin Laszlo, author of *Science and the Akashic Field: An Integral Theory of Everything*; founder of the Club of Budapest and the General Evolution Research Group.

Wow! This is very exciting! Very impressive. In thinking and writing alone, Marcus T. Anthony’s new book moves with a wisdom and confidence that has the feeling of being channeled from that higher being within us so few of us ever manage to tap into consciously, or in conscious partnership. On target and hard driving.... *Discover Your Soul Template* is a book that should be widely read. It illuminates and demystifies the mystical – no mean feat indeed! I have been greatly impressed by Dr Anthony’s academic writing on related subject matters for some years now, and I am no less impressed by this more personal volume. I heartily endorse

this book, and have no hesitation in recommending it highly.
Dr. David Loye, author of *Darwin in Love* and *Darwin's Lost Theory*.

Marcus Anthony has taken the theoretical elegance and sophistication of his previous book, "Integrated Intelligence" and written an easy to read and inspiring book on transmodern spirituality. I highly recommend Discover Your Soul Template to anyone looking to read a wonderful story that deepens our understanding of spirituality and the nature of intelligence. Professor Sohail Inayatullah, Tamkang University, Taiwan and the University of the Sunshine coast, Author/Editor of 20 books on futures thinking and strategy.

One frequently has the sense that Marcus Anthony is addressing one directly, and this combination of down-to-earthness and dry Australian humor is unusual and welcome in a field dominated by authors who seem to relish the distance between their own exalted and enlightened conditions and the reader's benighted ignorance. In a book which is also intended as a wake-up call this is a precious asset – Marcus Anthony has been there; he knows what the struggle is like and the fact that he's been able to liberate himself shows that we can too. He not only describes in some detail the emotional and karmic obstacles which we bring to the struggle, but describes many practical tools which we can use to tune into our own and the Universe's wisdom.

It's not exactly an unknown fact that most people live most of the time in ignorance and unhappiness, despite the fact that we're surrounded by and permeated with boundless love and joy, limitless intelligence and understanding. Yet merely stating this fact does nothing to change it – "Discover Your Soul Template" not only explains clearly and unpretentiously why it's the case, but tells us what we can practically do about it; with a wry but loving smile on its face. Congratulations to the author – the world needed this book.

Simon Buckland, Wall Street International

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